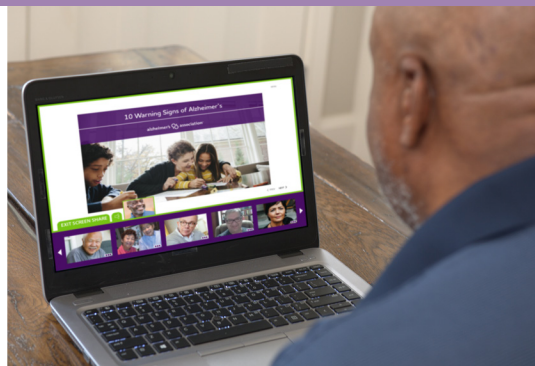




# ALZHEIMER'S AND DEMENTIA EDUCATION YOU CAN TRUST



The Alzheimer's Association® provides care and support to those affected by Alzheimer's and all other dementia through free, high-quality education programs. Explore our convenient learning opportunities focused on Alzheimer's disease, caregiving, communication and more.

### **The 10 Warning Signs of Alzheimer's** *60-minute and 30-minute options available.*

This education program will help you recognize common signs of the disease in yourself and others and next steps to take, including how to talk to your doctor.

### **Understanding Alzheimer's and Dementia** *60-minute and 30-minute options available.*

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA-approved treatments.

### **Understanding and Responding to Dementia Related Behaviors** *60-minute and 30-minute options available.*

Review caregiver tips and strategies to respond to some common behaviors exhibited by individuals living with dementia, such as agitation, confusion and more.

### **Effective Communication** *45-minute and 30-minute options available.*

Explore ways that Alzheimer's and other dementias affect an individual's ability to communicate across different stages, and get tips to better communicate with people living with the disease.

### **Dementia Conversations** *45-minute and 30-minute options available.*

If you know someone who is experiencing changes in memory, thinking and behavior, this education program provides tips and strategies for difficult — but important — conversations about changes that may be related to dementia.

**To learn more or schedule an education program, contact:**