

Turmeric Citrus Herbal Tea



Tea Description

In an updated blend exclusive to Fava Tea Company, we mix turmeric with licorice root, cinnamon, ginger root, lemongrass, dehydrated lemon peel, and orange peel to create a symphony of flavor. The spark of citrus fruits and spicy turmeric combine for a truly satisfying tea with amazing health benefits. Turmeric is known for its anti-inflammatory properties, is filled with antioxidants, and is suggested to improve heart health, making this your new go-to wellness blend.

Information

Spill the Tea is a monthly Take & Make Tea Kit featuring a variety of unique Teas and Tea Blends.

In 2025 we have partnered up with Wisconsin-owned Business Fava Tea Company. They have provided the samples for a new tea each month!



Kits Include

- Information Brochure
- 1 Tea Bag

One-Per-Household

Take & Make Tea Kit are free, but supplies are limited. Please, take one kit per household.

Share your

experience with us

We'd love for you to share photos with us once you have brewed your tea and what book you are pairing it with.

Send to reference@townhall.lib.wi.us and you might be featured on the Town Hall Library Website or Facebook Page

Sources

- **Fava Tea Website**
 - <https://favatca.com/>
- **The Spruce Eats**
 - <https://www.thespruceeats.com/perfect-cup-of-tea-every-time-434789>
- **Food & Wine**
 - <https://www.foodandwine.com/news/healthiest-way-brew-your-tea-microwave-it>



Take & Make Tea Kit Spill the Tea January



Sponsored By:



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262-966-2933 / www.townhalllibrary.org

Information	
Ingredients	Turmeric, licorice root, cinnamon, ginger root, natural lemon flavor, apple granules, lemongrass, dehydrated lemon peel, orange peel
Caffeine	Caffeine-Free
Organic	Organic Ingredients
Flavor Profile	Citrus, Ginger, Spicy
Steep Temperature	212° F
Steep Time	5 Minutes

Black Tea



Black tea: is the most commonly consumed tea in the world; accounting for approximately 80% of all tea consumption. Black teas are the most processed (or oxidized) of all teas. Many black teas offer the boldest aroma and taste of any other type of tea. If you like bold taste, a black type may be your cup of tea.

How to Brew Tea

How to Brew Tea with Kettle or pot:

- 1.Heat water: Boil fresh water in a kettle.
- 2.Add tea: Place your chosen amount of tea leaves (loose or in a tea bag) in your cup.
- 3.Pour water: Pour the boiling water over the tea leaves.
- 4.Steep: Let the tea steep for the recommended time, which varies based on the tea type.
- 5.Strain: Remove the tea bag or strain the leaves if using loose tea.
- 6.Enjoy: Add any desired sweetener or milk, and drink your tea.

How to make Tea in the Microwave:

- 1.Add water and a tea bag to a microwave-safe mug.
- 2.Place the mug in the microwave, and heat for 30 seconds on 50 percent power.
- 3.Let the mug sit for a minute before removing the teabag and sipping the tea.

Fava Tea Brewing Instructions



Our Sponsor



Fava Tea Company is Wisconsin's largest loose-leaf tea specialty retail store! We are your local source for Green, Rooibos, Black Herbal, White, Chai, Oolong, and Specialty teas, and we offer hundreds of rare, standard, and unique specialty teas to create a memorable experience for any tea enthusiast.

At Fava Tea, our team focuses on crafting quality loose-leaf teas that are perfect for enjoying any time of year! It's our goal to help you find the tea flavor that matches your unique tastes and personality.

Retail Stores

Appleton, Wisconsin

706 N. Casaloma Drive Appleton, WI 54913

Brookfield, Wisconsin

18895 W. Bluemound Brookfield, WI 53005

Greenfield, Wisconsin

5012 S. 74th Street Greenfield, WI 53220_

Website

